



Premedication Instructions for CT and MRI Contrast Allergies

If you have had a prior allergic reaction to **CT or MRI contrast** (iodine-based or MRI contrast) please carefully follow the instructions below.

Important: These medications must be taken exactly as prescribed by your provider.

Premedication Protocols

Standard Protocol

Prednisone 50 mg (by mouth)

- 13 hours before exam
- 7 hours before exam
- 1 hour before exam

PLUS – take 1 hour before exam:

- Benadryl® 50 mg **OR**
- Allegra® 180 mg

Protocol for Patients with Diabetes

Methylprednisolone (Medrol®) 32 mg (by mouth)

- 12 hours before exam
- 2 hours before exam

PLUS – take 1 hour before exam:

- Benadryl® 50 mg **OR**
- Allegra® 180 mg

If you are unsure of which protocol to follow, please contact our scheduling department at 863-577-0290 before your appointment.

What to Bring to Your Appointment

Please bring **one of the following:**

- Your pre-medication bottles or boxes
OR
- Clear photos showing the pre-medication bottles or boxes with:
 - Your name
 - Medication name
 - Dosage and instructions
 - Prescription date

This allows our staff to confirm that the pre-medication dosage and directions were ordered correctly.

Important Transportation Reminder

- **Benadryl may cause drowsiness.**
- If you take Benadryl, **you must have a driver** for your appointment.

Questions?

If you miss a dose, are unsure about timing, or have questions about these instructions, please contact us at **863-577-0290** **before** your scheduled exam. Your appointment may need to be rescheduled if pre-medication protocol is not completed as directed.